

# ARMY NATIONAL GUARD STRIPE FOR SKILLS PROGRAM

DATE:

<b>NAME AND RANK</b>	<b>PLATOON SGT / UNIT</b>
<b>REQUIRED TASK:</b>	<b>INITIALS / DATE OF COMPLETION:</b>
<b>ESTABLISHED BANK ACCOUNT</b>	
<b>START DIRECT DEPOSIT</b>	
<b>SET UP AKO ACCOUNT</b>	
<b>SET UP MY PAY ACCOUNT</b>	
<b>MILITARY TIME</b> (SEAR Red Disc Salvo 1)	
<b>DRILL AND CEREMONIES</b>	
▪ Execute the Position of Attention	
Execute the Hand Salute: (SEAR Red Salvo 1)	
Know Who and When to Salute: (SEAR Salvo 1)	
▪ Execute Rest Position	
▪ Parade Rest	
▪ At Ease	
▪ Stand at Ease	
▪ Rest	
▪ Execute Facing Movements At The Halt	
▪ Right Face	
▪ Left Face	
▪ About Face	
▪ Marching	
▪ Forward March	
▪ Half Step	
▪ Change Step	
▪ Column Left	
▪ Column Right	
▪ Halt	
<b>RECITE GENERAL ORDERS</b> (SEAR Red Salvo 1)	
▪ First General Order	
▪ Second General Order	
▪ Third General Order	
<b>IDENTIFY RANK STRUCTURE</b> (SEAR Red Salvo 1)	
▪ Enlisted	
▪ Officer (Commissioned / Warrant)	
<b>PHONETIC ALPHABET</b> (SEAR Red Salvo 1)	
▪ Know / Recite Phonetic Alphabet	
<b>FIRST AID</b>	
▪ Evaluate a Casualty	
▪ Perform First Aid and Practice Individual Preventative Medicine Countermeasures	
▪ Perform First Aid for Bleeding Extremity	
▪ Perform First Aid for Splinting a Fracture	
<b>ARMY PHYSICAL FITNESS (APFT) (Applicant must achieve 60 points each event and all APFT events must be completed same day. Events must be performed to standards outlined in FM 21-10, Physical Fitness Training.)</b>	
▪ Push-ups                      Repetitions:                      Points:	
▪ Sit-ups                         Repetitions:                      Points:	
▪ 2 Mile Run                    Time:                                Points:	
<b>LAND NAVIGATION</b>	
▪ Identify Terrain Features on a Map	
▪ Determine The Grid Coordinates on a Map	
▪ Measure Distance on a Map	
<b>BASIC LEAD QUALIFICATION SKILLS (APPLE-MD)</b>	

\* **SCORE SOLDIER A GO IF THE TASK IS PERFORMED SUCCESSFULLY** (Sustainment training should continue during all succeeding months.)

\* **SCORE SOLDIER A NO-GO IF THE SOLDIER FAILS ONE OR MORE AREAS AND THE INSTRUCTOR CANNOT CORRECT THE DEFICIENCY ON THE SPOT** (Retraining required at next military formation.)

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TRAINER'S SIGNATURE

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COMMANDER'S VERIFICATION